



**MILITARY SPOUSE
APPRECIATION DAY**

MAY 6, noon-6 p.m., Sam Houston Club

"One Team, Supporting Military Missions and Family Readiness!"

Navy Medicine Training Center Command Master Chief Barry Moore and Naval Hospital Corps School Great Lakes Command Master Chief Yvette Pryor unfurl the new hospital corpsman training school guidon during the rededication ceremony, signaling relocation of the school to Joint Base San Antonio.

Photo by
L.A. Shively



Navy medicine makes history with hospital corpsman school relocation

by L.A. Shively
FSH News Leader

The Navy celebrated a major milestone in the history of its hospital corpsmen training with an April 21 rededication ceremony at Joint Base San Antonio, relocating the Naval Hospital Corps School from Great Lakes, Ill.

Sailors joined Soldiers and Airmen at the Medical Education and Training Campus as part of the 2005 Base Closure and Realignment Commission initiative consolidating military enlisted medical training

and education.

A variety of basic courses will be taught in an integrated environment, followed by service-unique classes.

"METC is both a place and an idea," said Rear Adm. William R. Kiser METC's inaugural commandant.

"As a place, it represents new buildings and infrastructure which is absolutely world class. As an idea, it is always good to train like we fight. It's always good to come together to get know each other and develop trust in each other before we show

up on the battlefield."

Guest speaker Navy Force Master Chief Laura Martinez, director of the Hospital Corps, expanded on the duality of the corpsmen's training and mission.

"We have long heard the call 'Corpsman up!' that we have answered in every major battle since the Corps' founding. At the same time, the Hospital Corps has always provided care for family members and retirees at military treatment facilities

See NAVY, P5

FSH fire department named best in Air Force

By Steve Elliott
FSH News Leader

Even with the transition into Joint Base San Antonio, Fort Sam Houston Fire & Emergency Services has been a model of consistency, winning best in Army honors in 2006 and now best in the Air Force in 2011 for Small Fire Department of the Year.

"We have been able to successfully manage the overwhelming operations tempo with precision, mitigating more than 1,500 struc-

tural, emergency medical services, hazardous material and wildfire emergencies in 2010," said FSH Fire Chief Curtis Williams.

"We have won the trust and support of our local community and our firefighters are as skilled and qualified on a level commensurate with firefighters around the country," the fire chief added.

"Providing first class fire protection to 40,000 personnel, 1,600 facilities with assets valued at \$2.5 billion, and a 28,000-acre training range at Camp Bullis has been a

herculean effort that has had our unwavering commitment," Williams added.

The FSH Fire Department also monitored construction for the six-million-square-foot Medical Education and Training Campus, which includes two of five 1,200-person dormitories covering more than 660,000 square feet.

"The JBSA initiative meant tremendous growth in countless ways, such as in personnel staffing,

See FIRE, P6



A new \$750,000 training facility and area was recently opened to facilitate training in fighting structural fires, performing confined space rescues, and enhancing rappelling training.

Photo by
Steve Elliott

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Know the rules for Stage Two water restrictions

By Steve Elliott
FSH News Leader

With warm temperatures continuing and still no rain in the forecast for San Antonio, it's likely the city will enter into Stage Two water restrictions soon.

According to the San Antonio Water System website (<http://www.saws.org/conservation/aquifermgmt/stage2.shtml>), a Stage Two alert begins when the aquifer level reaches 650 feet mean sea level at the J-17 well — the index well in Bexar County.

All Joint Base San Antonio properties are presently under a Stage I restriction, as reported in the April 14 issue of the News Leader.

The current aquifer level is reading at 656.43 feet as of April 25, according to the Edwards Aquifer Authority J-17 Live Well Data website (http://edwardsaquifer.org/display_technical_m.php?pg=j17_live), which offers real-time data updated every 15 minutes.

For residential and commercial customers of the San Antonio Water System and the Bexar Metropolitan Water District, the rules during a Stage II drought are more restrictive.

Landscape watering with an irrigation system or sprinkler is allowed only once a week from 3 to 8 a.m. and 8 to 10 p.m. on designated watering day as determined by your address:

- If address/facility number ends in 0 or 1, Monday is the watering day.
- If address/facility number ends in 2 or 3, Tuesday is the watering day.
- If address/facility

number ends in 4 or 5, Wednesday is the watering day.

- If address/facility number ends in 6 or 7, Thursday is the watering day.

- If address/facility number ends in 8 or 9, Friday is the watering day.

Additionally, there is no watering on week-

ends with a sprinkler, soaker hose or irrigation system. Areas without a street address, such as medians and neighborhood entryways, water on Wednesdays.

All restrictions from Stage One (<http://www.saws.org/conservation/aquifermgmt/stage1.shtml>) remain in effect, unless added to or

replaced by Stage Two rules:

- Landscape watering with an irrigation system, sprinkler or soaker hose is allowed only once a week from 3-8 a.m. and 8-10 p.m. on your designated watering day, as determined by your address.
- Watering with drip irrigation or 5-gallon bucket is permitted any

day, but only between 3-8 a.m. and 8-10 p.m.

- Watering with a hand-held hose is allowed any time on any day.

- Use of fountains, waterfalls, or other aesthetic water features — outdoors or indoors — is prohibited, unless a variance has been

See **WATER, P14**

Edwards Aquifer Level

in feet above sea level
as of April 27

CURRENT LEVEL* = 655.6'

*determines JB SA water conservation stage

Normal - above 660'

Stage I - 660'

Stage II - 650'

Stage III - 642'

Stage IV - 640.5'

Stage V - 637'



Weekly Weather Watch

	Apr. 28	Apr. 29	Apr. 30	May 1	May 2	May 3
San Antonio Texas	87° Sunny	89° Partly Cloudy/Wind	91° AM Clouds/PM Sun	84° Scattered Showers	80° Few Showers	84° Sunny
Kabul Afghanistan	79° PM Showers	75° PM Showers	80° Sunny	84° Sunny	86° Sunny	86° Sunny
Baghdad Iraq	93° Partly Cloudy	96° Partly Cloudy	90° AM Rain	85° Scattered T-Storms	85° Sunny	86° Sunny

(Source: The Weather Channel at www.weather.com)

News Briefs

FLTCIP Open Season

The Federal Long Term Care Insurance Program is currently open for enrollment through June 24. FLTCIP offers numerous options that support long term care in a home environment. Eligible applicants are active Federal and U.S. Postal Service employees and their spouses/same-sex domestic partners and active members of the uniformed services and their spouses who are not currently enrolled in the FLTCIP. Apply online at <http://www.LTCFEDS.com> or call 1-800-582-3337. For information, call 221-2526.

BAMC National Prescription Take Back Day

Brooke Army Medical Center will take back unused or expired prescription medications April 30 from 10 a.m.-2 p.m. at the BAMC Medical Mall and Fort Sam Houston Community Pharmacy refill side.

USA Staffing Seminars

Within the next year, Army civilians will no longer apply for Department of Defense jobs using RESUMIX, but will begin using the USA Staffing Application Manager module. The migration has already begun at other Army Civilian Personnel Advisory Centers and will be completed at Fort Sam Houston late February 2012. Upcoming seminars about the new system will be held May 2, 8-10 a.m. and May 3, 1-3 p.m. at Blesse Auditorium, Building 2841. Call 221-0639 or 221-1425 for information.

Holocaust: Day of Remembrance Commemorations

A commemoration ceremony will be held May 2, noon-1 p.m. at the Roadrunner Community Center, Building 2797. The guest speaker is Hungarian Holocaust survivor George Fodor. Call 295-6295 for information.

Brooke Army Medical Center also will hold a ceremony May 4 at noon in the BAMC Medical Mall featuring guest speaker Gerald Miller. Call 916-7365.

See NEWS, P4

AMEDDC&S student, Air Force officer recognized for heroism

By Phil Reidinger
AMEDD Center and School Public Affairs

Air Force 2nd Lt. Aaron Butler was awarded the Bronze Star Medal with Valor by Maj. Gen. David Rubenstein, Army Medical Department Center and School commander, during a ceremony in Blesse Auditorium April 19.

Presently a student in the Doctorate in Physical Therapy program, Butler distinguished himself by heroism as a HH-60G Pave Hawk pararescue team leader near Kandahar Airfield in Afghanistan on July 29, 2009.

Butler, then a technical sergeant, led a six-man, two-helicopter pararescue team tasked with an urgent medical evacuation mission.

According to the award citation, while one helicopter provided cover fire, Butler's

aircraft executed a brownout landing and immediately began receiving multiple rounds of small arms fire. As the aircraft lifted out of the ambush situation, Butler assessed the injuries to the pilots to ensure their wounds were not life threatening.

Brownout conditions occur during low-visibility landings and take-offs from sand or dirt. The sand and dirt is blown up off the ground and blinds the helicopter pilots to the surrounding area.

Butler and his crew voluntarily risked their lives when they decided to return and rescue the patients and pararescue crew members on the ground from the ambush.

On the ground a second time, the aircraft began taking machine gun fire and stayed in the landing zone. Due to multiple systems failures and



Photo by Phil Reidinger

Maj. Gen. David Rubenstein presents the Bronze Star with Valor Medal to 2nd Lt. Aaron Butler during a ceremony at Blesse Auditorium April 19.

a major fuel leak in the cabin, the aircraft had to land less than two miles away.

Butler took control of the crash site, established a perimeter and while taking fire he maneuvered the crew members to safer positions.

After 18 minutes on the ground, Butler safely transferred patients under heavy

small arms fire to another aircraft. His actions saved the lives of three patients and insured the survival of his crew.

"I was honored to present a Bronze Star for Valor to Air Force 2nd Lt. Aaron Butler for his heroic actions in combat while an Air Force Pararescue Team leader," Rubenstein said.

Army vice chief of staff awards injured Soldier Purple Heart

By Maria Gallegos
BAMC Public Affairs

Staff Sgt. Phillips B. Casey was honored for bravery and selfless sacrifice during a Purple Heart ceremony at Brooke Army Medical Center April 21.

Gen. Peter W. Chiarelli, Army vice chief of staff, hosted the event with words of praise for the courage, dedication and sacrifices Casey made.

On March 9, Casey, while assigned to Headquarters and Headquarters Battery, 1st Battalion, 320th Field Artillery, 2nd Brigade Combat Team, 101st Airborne Division

(AASLT), was injured in Afghanistan when he was struck by an improvised explosive device while conducting a dismounted patrol, resulting in his combat injuries.

The Purple Heart is awarded to members of the Armed Forces of the United States who are wounded by an instrument of war in the hands of the enemy and posthumously to the next of kin in the name of those who are killed in action or die of wounds received in action. It is specifically a combat decoration and the oldest military honor in the world in use.



Photo by Dewey Mitchell

Staff Sgt. Phillips Casey stands next to his wife, Natasha, and Gen. Peter W. Chiarelli, Army vice chief of staff, after he was presented a Purple Heart medal and certificate.

News Briefs

from P3

Volunteer Recognition Ceremony

The 2011 Fort Sam Houston Volunteer Recognition ceremony is May 4, 10 a.m.-noon, at the Sam Houston Club. Call 221-2611.

Military Spouse Appreciation Day

An event will be held May 6, noon-6 p.m. at the Sam Houston Club. There will be refreshments, information on health and beauty, giveaways, prizes and more. Call 221-0946 or 221-2418 for information.

Army Officer Candidate School

The 502nd Force Support Squadron, Military Personnel Branch will conduct an Army Officer Candidate School structure interview board May 20 at 8 a.m. in Building 2263 Stanley Road, Room 117B. Soldiers must have a bachelor degree and 35 years old or younger, no exceptions. For a complete listing and checklist of the OCS requirements and forms, visit <https://www.hrcapps.army.mil/site/protect/branches/officer/Operations/Accessions/OCS/index.htm>. Packets must be submitted by May 11. Call 221-0885 or 221-0995.

Gazebo Concert

Maj. Gen. David Rubenstein, commanding general, Army Medical Department Center & School will host a gazebo concert May 15 at 7 p.m. at the gazebo on Staff Post Road.

502 MSG Quarterly Town Halls

The 502d Mission Support Squadron Commander's Quarterly Town Hall meetings for housing residents are scheduled for May 23 at 6 p.m. at the Watkins Terrace Community Center; May 24 at 6 p.m. at the Harris Heights Community Center; and May 25 at 6 p.m. at the Main Resident Center, 407 Dickman Road. Several organizations will conduct summer safety briefings. Call 270-7638.

Medical leaders break ground on Wilford Hall Ambulatory Surgical Center

By Maj. Beth Horine
59th Medical Wing Public Affairs

San Antonio military medical leaders conducted a groundbreaking ceremony of the Wilford Hall Ambulatory Surgical Center April 20 at Lackland Air Force Base. Construction on the new outpatient facility will soon begin.

"We are here to celebrate a new beginning," said 59th Medical Wing Commander Maj. Gen. (Dr.) Byron Hepburn. "Spurred by the 2005 Base Realignment and Closure mandate, San Antonio's military facilities are now transitioning to a regional military health system to increase operational synergy and efficiency.

"As a consequence, Wilford Hall's current inpatient activity is now moving to Brooke Army Medical Center, which on Sept. 15 will become the San Antonio Military Medical Center," Hepburn added. "This move paves the way for a new consolidated facility here at Lackland Air Force Base that will be focused on outpatient clinical and ambulatory surgical care."

A joint Air Force and Army color guard opened the ceremony and Army leadership



Photo by Air Force Staff Sgt. Robert Barnett

59th Medical Wing leaders and guests break ground for the new Wilford Hall Ambulatory Surgical Center April 20 at Lackland Air Force Base. Construction on the first wing of the ASC is scheduled to begin in July 2011 with completion projected in 2015. The current Wilford Hall Medical Center building will be demolished after the new ASC is complete and fully operational.

from Brooke Army Medical Center at Fort Sam Houston attended, making the event a true joint-service affair.

"The Army and Air Force have a rich history in continuing to lead the Department of Defense in premier medical care," said Army Col. Noel Cardenas, Brooke Army Medical Center deputy commander of administration. "Today marks another giant step in preserving our medical services for active duty, retirees

and families."

Phase one of the construction includes the first wing of a 681,000-square-foot facility and a 1,000-car parking garage. The new ambulatory surgical center, or ASC, will be four wings, each three stories tall with a basement. The ASC will be constructed in three phases and house more than 40 outpatient clinics and services when completed.

"Engineering and economic studies determined that the

best means to execute this outpatient mission was to replace the 54-year-old Wilford Hall building with a new state-of-the-art structure," Hepburn said. "The exterior campus and interior facilities will be ultramodern, patient-friendly, more accessible and more energy efficient."

Construction on the first wing of the new ASC is scheduled to begin in July

See WHASC, P11

Wiggins selected to command First Army Division West at Fort Hood

Maj. Gen. Perry L. Wiggins, deputy commanding general of United States Army North (Fifth Army) at Fort Sam Houston, has been selected for assignment as the commanding general of First Army Division West at Fort Hood.

The announcement was made official April 22 in a press release from the Office of the Secretary of Defense. Wiggins has been assigned to his



Official photo
Maj. Gen. Perry L. Wiggins

current position since April 27, 2009.

As the deputy commanding general, Wiggins was second in command at Army North. His focus areas included: training and readiness, major training exercise

synchronization, and national Chemical, Biological, Radiological and Nuclear Consequence

Management Response Forces' readiness.

Wiggins, who calls Warner Robins, Ga., home, earned his commission as an infantry lieutenant from Mercer University in 1983. He has served with the Army throughout the United States, Europe, Latin America and the Middle East. His operational tours have included key command assignments during operations Desert Shield and Desert Storm; Joint Guardian in Kosovo; and operation Iraqi Freedom.

After serving on the Joint

Staff in the Pentagon, he served as the assistant division commander for maneuver with the 1st Infantry Division and later assumed duties as the acting commander of the 1st Infantry Division and Fort Riley.

Wiggins is a graduate of the Infantry Officer Basic Course, Aviation Officer Advanced Course, Command and General Staff College, and the United States Army War College, where he earned a Master of Arts in Strategic Studies.

His replacement has not yet been named.

NAVY from P1

around the globe.

"This dual commitment will never waver, no matter where our Sailors and Marines go or what they do," Martinez said.

Martinez recognized the importance of the bond between providers, patients and service to country.

"Today we honor and celebrate that sacred trust to ensure our nation has a medically ready, fit, and fighting force and that those who've served our nation, along with their families, can always count on the Hospital Corps to help provide quality and compassionate patient and family-centered health care," Martinez said.

A hospital corpsman for more than 30 years, Martinez also recognized the contributions of fellow corpsmen to the country and the Navy.

"It is no accident that we are experiencing the lowest battle mortality and non-battle injury rates in the history of armed conflict. This is due in large part to our exceptional corpsmen and their training. The Hospital Corps is

the largest rating in our Navy and the most decorated in the United States. Twenty naval ships alone have been named after hospital corpsmen," she said.

Navy Seaman Josue Espinoza expressed pride in his training as a hospital corpsman. "I feel honored so say that when I put on my uniform, I not only represent the U.S. Navy, I also represent generations of Sailors who have gone before me to fight for my freedom."

Student Navy Seaman Daniella Summers echoed Martinez' commitment to service.

"No matter the situation a shipmate will never be left behind," she said.

The program included performances by The United States Marine Corps Drum & Bugle Corps and by the Smithson Valley High School Navy Junior ROTC Armed and Unarmed Drill Teams. Several enlisted members modeled historical uniforms that spanned across decades representing all services.

Navy students began training at METC last May. Target date for all

students training here is prior to Sept. 15, the BRAC deadline. Average daily student load is estimated to be about 9,000 Sailors, Soldiers and Airmen at completion, making METC the world's largest military medical education and training facility.

"We look forward to the collaboration. We look forward to making this version of hospital corps school the finest it's ever been in the history of the Navy," Kiser said.



Members of the Smithson Valley High School Navy Junior ROTC Armed Drill Team perform during the new hospital corpsman training school rededication ceremony.



Navy Force Master Chief Laura Martinez, director of the Hospital Corps, straightens out the new hospital corpsman training school guidon in front of the inaugural class after the rededication ceremony.

**Photos by
L.A. Shively**

FIRE from P1

resources, and developing relationships and partnerships with all branches of the armed services," Williams said.

While the public's safety is his paramount concern, Williams said it's important to take care of his personnel as well, ensuring they have the best in training, equipment and facilities.

In the past year, a \$97,000 renovation of fire station kitchen and dining areas was completed, which enhanced the quality of life for firefighters. Carpet was replaced with tiles and rooms were painted throughout fire house using self-help, which improved appearances and saved \$7,000 on labor.

In addition, a new \$750,000 training facility and area was constructed to facilitate training in fighting structural fires,

performing confined space rescues, and enhancing rappelling training. The department also bought modern physical fitness and gym equipment, which enhanced firefighter fitness and reduced injuries.

The department was also awarded 26 Department of Defense certifications from "Driver Operator" to "Fire Officer IV," which amplified emergency service capabilities, Williams noted.

All his firefighters are certified as emergency medical technicians, with three certified as CPR instructors. Ten firefighters were trained in improved wildfire readiness for Camp Bullis, and three were certified on Child Seat Safety installation. That effort earned Fort Sam Houston \$10,000 towards infant seats for military families.

"Our challenge is to continue providing the



Courtesy photo

The crew of the Fort Sam Houston Fire & Emergency Services was recently named best in the Air Force for Small Fire Department of the Year.

best fire protection, prevention and emergency services possible to our evolving community with efficiency," Williams said.

"Improvements in the coming year include construction of a satellite fire station in Watkins Terrace area and getting two new fire trucks."

The post fire department also increased training opportunities with mutual aid partners,

such as fire departments in San Antonio, Alamo Heights, Terrell Hills and others.

"We have hosted seminars with our partners to share information for effective and safe responses," Williams said. "It's important to understand our mutual aid partners' response areas and associated hazards within them. We have also prepared for natural

disaster responses by having hands-on training with our JBSA partners."

The chief said the FSH fire department responds to an average of two such mutual aid structural fires per year, and have already responded to an apartment fire in Alamo Heights this year. In 2010, there were responses to two mutual aid structural fires, with one in Windcrest and the other in

Camelot. In 2009, the department responded to a three-alarm fire in Kirby.

At the sprawling Camp Bullis training site, actions to prevent and suppress wildfires included purchasing \$8,000 in advanced Wildland Personal Protective Equipment, which replaced worn gear and outfitted new firefighters.

"Each year a prescribed burn plan is developed and implemented to help eradicate vegetation interface hazard and reduce fire potential," Williams said.

"There's many uncontrolled variables, with weather being the biggest that may limit conducting prescribed burns. In 2010, we successfully executed several burns covering more than 860 acres. We also repair and maintained multiple wildland water re-supply points for firefighting operations."

New initiatives to improve access to care at BAMC

By Lindan A. Moya
BAMC Public Affairs

Two new initiatives to improve access to care at Brooke Army Medical Center are being launched by the Department of Family and Community Medicine.

The first initiative, "Get SMArt with SMA" (Shared Medical Appointments) consists of 90-minute group appointments. Currently, SMAs are being held for patients with diabetes, hypertension and male wellness issues.

The SMA groups,



Diane Shaw, Registered Nurse for Telephone Triage, takes a patient call.

which consist of approximately 10 patients, are led by a health care provider and a registered nurse. Each patient will have an opportunity to

visit one-on-one and be examined by their provider, as well as have ample time for questions and answers.

The SMA is scheduled through primary care providers when they feel a follow-up appointment is warranted for a patient's condition or issue.

The second initiative, "We Are Listening" is the Registered Nurse Telephone Triage Voicemail.

Patients enrolled at the Fort Sam Houston, Taylor Burk and McWethy clinics can leave a message 24 hours a day.

The system is moni-

tored Monday through Friday by telephone triage registered nurses during clinic hours. Messages are reviewed and answered within 72



Telephone Triage Registered Nurse Ramona Magalski listens to a patient.

business hours.

To leave a message, patients call 916-3000, follow the prompts to choose their clinic and then listen to instructions on how to renew prescriptions, leave a message for their provider or ask a registered nurse for health care advice.

The triage nurses also have the authorization

to book appointments, at other than the patient's assigned clinic, if necessary.

Lt. Col. Cynthia Sveine, chief nurse at the Department of Family and Community Medicine, expects that patients who choose to utilize these new services will spend less time waiting for appointments and prescriptions, in addition to a better understanding their care and treatment options.



Photos by Lindan A. Moya

Tamara Heflin discusses the effects of high blood pressure and high cholesterol with Shared Medical Appointment participants.

187th Medical Battalion Soldier getting MBA by way of India

It may seem like the long way around to get a degree, but Maj. Joseph Alexander went to India to satisfy degree requirements for a university in Pennsylvania while assigned to Fort Sam Houston in Texas.

Alexander, assigned to the Army Medical Department's Student Detachment of the 187th Medical Battalion, is attending Pennsylvania State University to earn a master's of business administration degree as part of AMEDD's long term health education and training (LTHET) program.

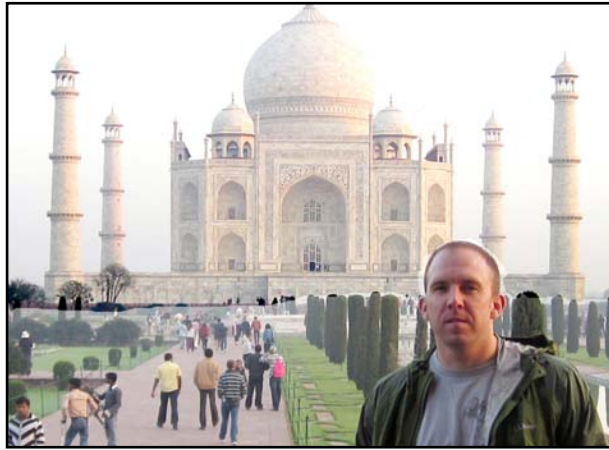
In March 2011, he and 18 of his classmates and faculty advisors headed to Dehli, the second-largest metropolis by population in India, to spend three weeks closely examining the inner workings of the

Indian economy and its businesses.

The group visited and received presentations from India's premier universities, thriving Indian-owned businesses, and U.S. owned businesses operating in India. They also experienced cultural immersion, learning about India's history, people, and visiting many of the country's most famous landmarks.

"Although we don't operate exclusively in a corporate environment, business impacts how we, as Army leaders, need to view our role now and going forward," Alexander said when asked about putting the knowledge he gained on this trip into action in his career in the Army.

"Our interactions are much more closely tied to corporate America and



Courtesy photo

Maj. Joseph Alexander in front of the Taj Mahal in Agra, India. Alexander is assigned to the Army Medical Department's Student Detachment of the 187th Medical Battalion.

even the global business sector than most might imagine," the major added.

Alexander said this trip was "an outstanding opportunity to view global business firsthand.

"I enthusiastically

recommends the LTHET program and Penn State MBA program to all Army officers," he added.

(Source: 187th Medical Battalion)

CID creates sexual assault survivor-centered interview room

By Steve Elliott
FSH News Leader

It's a small space inside the Army Criminal Investigative Division building on Wilson Road, but it serves a big purpose.

In a collaboration between CID, Army Support Activity, Family Advocacy Program and Warfighter & Family Readiness (formerly known as Army Community Service), a victim-friendly interview room for survivors of sexual assault was created, the only one of its kind in the Army.

"Sexual assault is a unique crime. It carries such a strong stigma that victims often don't receive the same understanding, compassion and support that is offered to other crime victims," said Lt. Gen. Guy Swan III, Army North commanding general, in remarks prior to the

ribbon-cutting ceremony April 25.

"We are here to change that stigma for the victims at Fort Sam Houston and give them an opportunity to heal," Swan added. "I take a personal interest in this

because sexual assault is unacceptable in the U.S. Army. It is not compatible with Army core values and does affect the mission."

The Fort Sam Houston CID created this space with financial assistance

from Family Advocacy Program. The total cost came in around \$2,000, which Swan called "a small price for what we will get out of this effort."

The walls are painted a soothing light yellow tone and comfortable furniture in earth tones were selected to create an environment that would be comfortable, calming, warm and non-threatening when a victim makes a statement, according to Theresa Anderson, Sexual Assault Response Coordinator for Warfighter & Family Readiness.

"A table-top water fixture provides some serenity as the water falls on the rocks. Bottled water is kept in a small dorm-size fridge to offer the survivor,"

Anderson said. "These initial interviews are very intense, intrusive and can last four to six hours, depending on the statement, time of assault and other factors.

"This comfort zone was created to reduce stress and anxiety, allowing the victim to disclose a life-changing incident," Anderson added. "Victims must be treated with dignity, fairness and respect."

"It's difficult for most of us to put ourselves in this kind of situation to know what the victim is going through," Swan said. "For someone who has been attacked, the investigative process can be very uncomfortable. It's our hope this project will create a non-threatening

environment for victims of sexual assault."

"When a survivor of sexual assault is making a statement to CID, the more comfortable – physically and mentally – that person is, the more they will recall from their trauma," Anderson said.

Prior to this project, agents would interview victims in their own offices. Located in a quiet hallway, with little to no walking traffic, the new interview room will only be used for victims. No subjects (offenders) will be allowed.

There is also information about Family Advocacy Program programs and resources in the room for survivors to view and possibly seek additional services.



Photo by Steve Elliott

The walls of the interview room are painted a soothing light yellow tone and comfortable furniture in earth tones were selected to create an environment that would be comfortable, calming, warm and non-threatening when a victim makes a statement.

Bike helmets required while riding on post

By Det. Sherick D. Watkins
502d Security Forces Investigations

All personnel on Fort Sam Houston, including children, must wear a bicycle helmet while riding a bicycle, according to Department of Defense Instruction 6055.4, dated July 1999.

The Texas Transportation Code 551.102-.104 addresses the operation of bicycles on roadways, as well as the Army Medical Depart-

ment Center and School and Fort Sam Houston Regulation 190-8, Motor Vehicle Traffic Program.

Information below is a compilation of both the transportation code and the FSH regulation. They state that bicyclists:

- Will not ride other than upon or astride the bicycle seat (i.e., standing on the seat or other parts of the bicycle), except that standing on pedals is permitted.

- Will not carry more persons on a bicycle, than the bicycle was designed to carry.
- May not use the bicycle to carry an object that prevents the person from operating the bicycle with at least one hand on the handlebars of the bicycle.
- Will not be towed or pushed by any vehicles under any circumstances (this includes any type of bicycle, roller skates, sleds or toy vehicles).

- Must obey all traffic signals, signs, and other devices.
- Will ride as near to their right hand side of the roadway as practicable, taking care when passing a standing vehicle or one proceeding in the same direction.
- No more than two bicyclists will ride abreast.
- When riding on sidewalks, pedestrians have the right-of-way. Bicycle riders will give

an audible signal before passing pedestrians.

- When riding on sidewalks, bicyclists will adhere to the rules for a pedestrian (i.e. crossing roadways at crosswalks).
- When exiting from an alley or driveway, bicyclists will come to a complete stop and will yield the right-of-way to approaching traffic.
- Bicycles will not be parked upon a street or sidewalk which would obstruct traffic or pedestrian flow.
- When riding at night, bicycles will be

equipped with bicycle headlights and taillights or red reflectors.

- Bicycles will be equipped with a brake that is capable of skidding the brake wheel on a dry, level and clean pavement.
- Children will not be permitted to ride bicycles that are too large for them to handle safely.
- Will not wear headphones or earphones while operating a bicycle.

For more information, call 221-0990.

WHASC from P4

2011 with completion projected in 2015. The current Wilford Hall Medical Center building will be demolished after the new ASC is complete and fully operational.

“As part of preserving our rich heritage, the landscaping in front of

the current Wilford Hall behind me here, including the flagpole and 100-year-old oak trees, will remain in front of the new ASC as a connection to our historical past,” the general added.

Both the ASC and the parking garage will be constructed in parking lot B and part of lot A,

in front of the existing Wilford Hall Medical Center.

The parking garage construction will soon begin, which drove the closure of part of the hospital parking lot and the Highway 90 gate. Future construction will soon close part of the Wilford Hall Loop be-

tween the Hwy 90 gate and Bergquist Drive.

Patients and staff can obtain the latest news about construction and road closures on the Wilford Hall Medical Center website at <http://www.whmc.af.mil>.

Additionally, articles will be published in local military newspapers and

posters are displayed at various locations in the hospital

“As we look forward to the future of military medicine here in San Antonio, the citizens of ‘Military City USA’ should be proud of the ambulatory surgical center here at Lackland and the San Antonio Military

Medical Center that is nearing completion at Fort Sam Houston,” Hepburn said.

“We are excited about the establishment of the San Antonio Military Health System and building an even stronger partnership with our Army colleagues in the years ahead.”

Army dentists brush up on warrior tasks and battle drills

By Esther Garcia
AMEDDC&S Public Affairs

Twenty Army dentists from around the country came to Camp Bullis April 19 to brush up on warrior tasks and battle drills. These dentists are in brigade-level assignments with a high probability of deployment.

The dentists, all captains, have been in the Army for one year. They've all graduated from an accredited dental school, attended the Basic Officer's Leadership Course and have been in a clinic environment attending a residency program, learning all aspects of general dentistry.

The Brigade Dental Course at Camp Bullis uses the Humvee Egress Assistance Trainer, the rollover simulator, the Re-configurable Vehicle Tactical Trainer (which are Humvee simulators with various convoy operation scenarios) and the field dentistry set with field dental equipment.

The captains also learned about convoy operations, transporting dental equipment via convoy and negotiating through an ambush. At the Combined Arms Collective Training Facility, a mock small village was set up where the dentists learned to clear a room and simulated setting up dental equipment.



Capt. Luis Missura practices shooting from behind a cover at Camp Bullis, part of the training received to prepare the Soldiers for possible deployment.

"In the past, a suggestion was put forth by the junior officers who realized they were going into brigade field units without all the requisite training and experience that would make them successful from the start," said Maj. Gen. Ted Wong, chief of the Army Dental Corps and commanding general, Beaumont Army Medical Center.

According to Wong, retired Maj. Gen. Russell Czerw, the former com-

manding general for Army Medical Department Center and School, tasked the school's Department of Dental Science to come up with a course geared towards dental corps officers who were taking positions in brigade combat teams.

"The course gives them an overview of some of the skills that they need to have as they go into these units, as well as get an understanding of the culture for these line units," Wong said.

"This is the second pilot for this course. We hope to make it a permanent course in the future," said Col. Barry Bishop, chief of professional development, Department of Dental Science, AMEDDC&S. "The genesis for this course was the fact that junior dental officers are tapped to deploy early on. Some may be assigned to a field unit – in particular if they are assigned to a brigade – and felt they were inadequately prepared to go into a unit."

Bishop said the course teaches them how to transition into a brigade, with a focus on field dentistry.

Bishop noted that typically, a dentist and a dental technician are the only dental personnel assigned to a brigade, with around 1,500 Soldiers.

Depending where they are co-located with the brigade, dental personnel may have to go out to a forward operating base, learn to convoy, or go out to patients on the battlefield and perform battle drills that they are not



Matt Lowell (right), training instructor for Warrior Tasks and Battle Drills, demonstrates to dentists training at Camp Bullis the proper handling of an M16A2 rifle. The training consisted of the proper stance and positioning of the rifle, loading the weapon and what to do if the rifle malfunctions.



Photos by Esther Garcia

Maj. Gen. Ted Wong, chief of the Army Dental Corps and commanding general, Beaumont Army Medical Center, presented coins to the dentists to congratulate them for their participation in the training program at Camp Bullis. The dentists came from various parts of the country to train at Camp Bullis before they leave for brigade-level assignments that may include possible deployment.



Timothy Voss, Warrior Tasks and Battle Drill instructor, assists Capt. Nam Do prepare her rifle for training in the Re-configurable Vehicle Tactical Trainer at Camp Bullis, a Humvee simulator that provides crews basic and advanced convoy skills.

familiar with. In these situations, they wouldn't have a fixed clinic to work with and would have to use field dental equipment.

"It was nerve wracking. I had trained on this while attending BOLC before I became a captain, but I need to prepare better," said Capt. Nam Do, who had just finished her training on the Humvee simulator. "Different scenarios can help and it is always a good idea to have continuing training."

Post NCOs learn Fort Sam Houston history via horseback

By Lori Newman
FSH News Leader

Several Fort Sam Houston non-commissioned officers mounted horses April 22 at the Fort Sam Houston Equestrian Center for a team building trail ride that incorporated a history lesson.

"I hope you all walk away from this with a better sense of the history of that exists here on Fort Sam Houston. It is truly one of the historic gems within our military and within our country," said 502nd Mission Support Group Command Sgt. Maj. Donald Freeman.

"The whole purpose of this afternoon is to have a good time and learn about the history of Fort Sam Houston and better support our commands.

"One of the NCO Corps competencies is the preservation of our military history and traditions. Knowing that history is key to its preservation."

John Manguso, Fort Sam Houston Museum director, briefed the riders before leaving the Equestrian Center, providing historic details about the grounds, the Equestrian Center, Brooke Army Medical Center and Salado Park currently occupy.

The NCOs then moved to the arena

for a safety briefing from the Equestrian Center staff and were matched with a horse or mule for their ride.

The riders made a total of five stops on the post, at each stop Manguso gave a brief history of the area.

"It was a great opportunity to allow the riders to experience historical Fort Sam Houston from a different vantage point," said Cindy Tripoli, Equestrian Center manager.

Tripoli said this ride was unique because they typically do not ride onto post. Team building rides are conducted during weekday, lunch-hour times and usually last about one hour.

"We take riders through the available trails behind the Equestrian Center and will accommodate as many riders as possible based on the day and time they choose to go," she said.

Installation Management Command-West Command Sgt. Maj. Donald Felt expressed his appreciation for the joint service experience on the trail ride and at Fort Sam Houston.

"You [NCOs] don't argue about who's doing what or who can do it better, you just do it and get it done," Felt said.

The Equestrian Center offers lessons, trail rides, pony rides, youth horsemanship and boarding to Depart-

ment of Defense ID cardholders. For more information, call 224-7207.

The Fort Sam Houston Museum is open Wednesday through Sunday from 10 a.m. to 4 p.m. Call 221-0019.



Air Force Tech. Sgt. Eric Jeffcoat, 502nd Mission Support Group Force Support Squadron, mounts a horse for the NCO trail ride April 22 at the Equestrian Center.



Connie Blocker, Equestrian Center assistant manager, prepares a horse for Air Force Tech. Sgt. Jennifer DeHannis.



John Manguso, Fort Sam Houston Museum director, briefs Army and Air Force non-commissioned officers about the history of Fort Sam Houston during a team building trail ride April 22 on Fort Sam Houston.



Cindy Tripoli, Fort Sam Houston Equestrian Center manager, leads the NCOs up W.W. White Road, during a team building trail ride on Fort Sam Houston.

Photos by Lori Newman

Center saves community more than \$800K, get back \$7M in refunds

By Steve Elliott
FSH New Leader

After all the pencils, calculators and forms were put away for the last time, the volunteers at the Fort Sam Houston Military Tax Assistance Center racked up some impressive numbers for the 2011 tax season.

The 23 volunteers from the Army, Navy and Air Force assisted in Fort Sam Houston personnel preparing 3,749 federal and state tax returns. Since those returns were prepared and filed at the tax center for free, instead of at a commercial tax preparation, people in the community saved \$824,550.

And if that number sounds impressive, the total in tax refunds re-

turned to the Fort Sam Houston community was a whopping \$7,440,243.

"This is the best group I've worked with at the tax center," said Fort Sam Houston Military Tax Assistance Center director Brian J. Novak. "They bonded quickly and faced and overcame a lot of challenges this tax season."

"I know it was a challenge with the late tax legislation that came through," said Joann Govea, Senior Stakeholder Relationship Tax Consultant, Wage and Investment, Stakeholder Partnerships, Education and Communication, which is the outreach and education function of Internal Revenue Service's W&I Division.

"You have all helped so many military and



Photo by Steve Elliott

The volunteers from the Fort Sam Houston Military Tax Assistance Center gather around their lawn sign after the center's closing ceremony.

Family members and I hope you'll volunteer again next year.

"The Fort Sam Houston program helped ensure IRS compliance, quality returns and helped encourage people to use e-filing for time-liner returns," Govea said. "They helped the IRS get the word out about credits people might not know they were due. We just want people to pay their fair share in taxes ... no more, no less."

"The last thing people want to worry about is their taxes getting done on time," said 502nd

Mission Support Group commander Col. Mary A. Garr. "You all have made a difference and what you have learned will be a benefit to you and your fellow service members."

This year's volunteers were: Sgt. 1st Class Alberto Martinez, Air Force Master Sgt. Leticia McGinnes, Staff Sgt. Dwayne Meyers, Spec. Adalberto Rivers, Spec. Federico Pizeno III, Petty Officer 3rd Class DeAnte Fields, Sgt. 1st Class,

Mark Stachowiak, Staff Sgt. Chaunsey Logan, Staff Sgt. Joseph Mitchner Jr., Sgt. Francisco Moreno, Sgt. Trisha Taylor, Spc. Anna Aponte, Sgt. 2nd Class James Brady, Petty Officer 1st Class Tommy Troutman, Sgt. Jennilyn McCane, Sgt. Kelly Chancey, Jill Ingersoll, Carolyn Harney, Jill Ingersoll, Carolyn Harney, Eila Hughes, Michelle Steiner, Jacob Vincent, Jennilyn McCune and Brian J. Novak.

Awards for the top tax preparers were also passed out at the closing ceremony. Martinez was picked as NCOIC of the year, McGinnes was the outstanding senior NCO preparer, Steiner was the outstanding AIT program preparer, Chancey was the outstanding Brooke Army Medical Center NCO Preparer, Pizeno was the outstanding NCO Preparer, and Fields was the outstanding Petty Officer Preparer.

"Thanks to all of this year's volunteers and I hope you'll all come back next year," Garr said. "You all had a huge impact on our community on so many levels."

WATER from P2

granted for 100 percent non-potable water use.

- All non-public swimming pools must have a minimum of 25 percent of the surface area covered with evaporation screens when not in use. Inflatable pool toys or floating decorations may be used for this purpose.

- Washing impervious cover such as parking lots, driveways, streets or sidewalks is prohibited. Health and safety excep-

tions to this rule may be requested from SAWS in writing.

- Residential washing of vehicles or other equipment is allowed only on assigned watering days and times. A hose with an automatic shut-off nozzle or bucket of five gallons or less may be used. Water should not be allowed to run into the street.

- The use of commercial car wash facilities is allowed any day.

For more information

on water restrictions and watering more efficiently, look up the SAWS website at <http://www.saws.org>.

The Joint Base San Antonio Drought Management Plan is on the 502nd Air Base Wing website at <http://www.502abw.af.mil>. For further information, or to report misuse, call the base asset management flight: Lackland, 671-4844; Randolph, 652-5205; or Fort Sam Houston, 221-5063.

IMCOM plants trees in honor of Earth Day

Employees from the U.S. Army Installation Management Command and Army Environmental Command traded in business casual clothes for gardening gloves and jeans and got to work polishing their newest "installation," John James Park in San Antonio.

Volunteers from the two commands and the city of San Antonio gathered at the sprawling green haven to celebrate Earth Day and IMCOM's official adoption of the 90-acre park, marked by a tree dedication and the planting drought-tolerant trees and shrubs.

More than 90 IMCOM volunteers and their Families participated in park beautification activities in the early morning hours of April 22 at the park, located just east of Fort Sam Houston. The park includes a playground, picnic area, softball and soccer fields, fitness equipment and a half mile of hard and soft trails.

The teams worked at planting, clearing brush, removing invasive species and cleaning up trash, after a brief ceremony with remarks by Katherine Hammack, the assistant secretary of the Army for Installations, Energy and Environment; IMCOM commanding general Lt. Gen. Rick Lynch and San Antonio Mayor Pro Tem Ray Lopez.

The U.S. Army has joined in celebrating Earth Day since the earliest celebrations more than 40 years ago in what has become the world's largest secular civic event in the world.

Earth Day is celebrated at approximately 200

major commands, installations and organizations in the continental United States and around the world.

"I think what we're doing with Earth Day ... we're doing it for all of our grandchildren," Lynch said. "When I see the youngsters out here, what we're trying to do is give them an environment when they grow up that they can be proud of. And if we don't do that today, they

won't have it tomorrow."

The Army's Earth Day theme for 2011, "Sustaining the Environment for a Secure Future," reflects its commitment to meet the current and future needs of Soldiers, their Families, and the nation through the sound stewardship of environmental resources.

(Source: U.S. Army Environmental Command Public Affairs)



U.S. Army Installation Management Command and Army Environmental Command employees spent Earth Day cleaning out brush at John James Park in San Antonio.



Photos by Jean Skillman

(From left) Katherine Hammack, assistant secretary of the Army for installations, energy and environment; Ray Lopez, San Antonio councilman and mayor pro-tem; Lt. Gen. Rick Lynch, commanding general of IMCOM; and Col. Scott Kimmel, commander of the U.S. Army Environmental Command dedicate the IMCOM tree at John James Park in San Antonio.

FSHISD WEEKLY CAMPUS ACTIVITIES MAY 2-7
TEACHER APPRECIATION WEEK

Fort Sam Houston Elementary School May 4 NED (Never Give UP; Encourage Others; Do Your Best) Show Anti-Bullying Presentation: Pre-Kindergarten, kindergarten, first and fifth grade 12:45 to 1:45 p.m. Second, third and fourth grade 1:45 to 2:45 p.m.	School Mall, 4:30 p.m.
May 7 Spirit Day	
Robert G. Cole Middle/High School May 2 AP Chemistry Exam, 8 a.m. “Belated” Arbor Day Tree Planting Ceremony front of Cole High School, 8:30 a.m. Regional Track Meet at Judson High School, All Day	May 4 AP Calculus AB and BC Exam, 8 a.m. Cole Middle School Play Production in Fine Arts Building, 6:30 p.m. Cole Middle High School Art Show at Moseley Gym, 7 to 8:30 p.m.
May 3 Regional Track Meet at Judson High School, all day National Honor Society Induction in Cole High	May 5 AP English Literature and Composition Exam, 8 a.m. Cole Middle School Play Production in Fine Arts Building, 6:30 p.m. JROTC Spring Awards Ceremony in Cole Gym, 7 to 8 p.m.
	May 6 AP U.S. History Exam, 8 a.m. Band and Choir Banquet at Cole High School Mall, 6:30 p.m.

2011-2012 EARLY REGISTRATION BEGINS FOR NEW
PRE-K, KINDERGARTEN STUDENTS

Early registration for the 2011-2012 pre-kindergarten and kindergarten programs at Fort Sam Houston Elementary School will take place May 13, for children who are new to the district and live on the Installation with their active duty parent or guardian. Children must be 4 years old on or before Sept. 1 to be eligible for pre-kindergarten and 5 years old on	or before Sept. 1 to be eligible for kindergarten. Required documentation for enrollment includes a proof of residency (i.e. Lincoln Military Housing Lease Agreement), driver's license of the parent or guardian, and the child's birth certificate, social security card, immunization record, report card and other school records from a previous school. Pre-kindergarten and kindergar-	ten are currently full-day programs. Transportation is provided for kindergarten students. Parents are responsible for providing transportation for pre-kindergarten students. Registration times will be from 8-10:30 a.m. and 1-3 p.m. Parents must sign in at the elementary school office and be directed to the registration site.
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REQUIRED IMMUNIZATIONS:

DTaP, DTP, DT, Td Polio Measles, Rubella, and Mumps Hepatitis B Hepatitis A Varicella/Chicken Pox	At least four doses, including booster on or after fourth birthday At least 4 doses, or three doses with third dose on or after fourth birthday Two doses of MMR; first dose on or after first birthday, completed before kindergarten Three doses in series, completed before kindergarten Two doses in series, first dose on or after first birthday, completed before kindergarten Two doses, first dose must be on or after first birthday or dated documentation of chicken pox illness
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(Source: FSHISD)

Force Support Squadron

Family & MWR

Announcements

Coollest Toys, Hottest Gadgets Sweepstakes

In honor of Month of the Military Child military youth can enter the Coollest Toys, Hottest Gadgets Sweepstakes through April 30 for a chance to win an Apple iPad, Xbox 360 S, NOOK Color and more. To enter and view the rules, visit <http://www.MWRPromotions.com>.

Microsoft Office Classes

May 3 – Intro to Computers
May 4 – Word Level 1
May 5 – Excel Level 1
May 11 – Word Level 2
May 12 – Excel Level 2
Classes are 8 a.m.-noon at the Roadrunner Community Center, Building 2797. To register, call 221-2518/2705.

Calendar of Events

April 28

Child Safety Seat Clinic

The clinic will be held 1-3 p.m. at the Auto Craft Center on Funston Road. Registration is limited and the child must be present for weight and height measurements. Call 221-0349.

May 1

Game Time at the Library

Gaming consoles are available 3-5 p.m. at the Keith A. Campbell Library. A variety of board games and puzzles are also available. Call 221-4702.

May 2

Unit Family Readiness

The training is 9-10 a.m. at the Roadrunner Community Center, Building 2797. To register, call 221-1829/0946.

Scream Free Parenting

Classes are May 2, 9, 16 and 23 from 11 a.m.-1 p.m. at the Red Cross, Building 2650. To register, call 221-0349.

Bank Account Management

The class is 2 to 4 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-2380.

May 3

Rear Detachment Training

The training is 8 a.m.-3 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-1829/0946.

H.U.G.S. Playgroup

The group meets Tuesdays 9-11 a.m. at the Middle School Teen Center, Building 2515 Funston Road. Call 221-0349/2418.

Federal Resume Writing

The class is 9 a.m.-noon at the Roadrunner Community Center Building 2797. Registration is required. Call 221-0516/2418.

Budget Development

The class is 2-4 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-2380.

May 4

Volunteer Recognition Ceremony

The ceremony is 10 a.m.-noon at the Sam Houston Club. Call 221-2611.

Breastfeeding Support Group

The group meets Wednesdays 10-11:30 a.m. at the Roadrunner Community Center, Building 2797. To register, call 221-0349.

Virtual Family Readiness Group

The training is 10-11 a.m. at the Roadrunner Community Center, Building 2797. To register, call 221-1829/0946.

Deployed Parenting

The class is 11 a.m.-noon at the Red Cross, Building 2650. Call 221-0349.

Mandatory Initial First Termer Financial Readiness

The class is noon-2 p.m. at the Education Center, Building 2248. To register, call 221-1612.

Success for Teens

This four-part series is May 4, 11, 18 and 25 from 5-6:30 p.m. at the Red Cross, Building 2650. Call 221-0349.

May 5

Talent Contest

Come enjoy singing, dancing, magicians, comedians or performance artists 7-10:30 p.m. at the Hacienda Recreation Center, Building 1462 on Garden Road.

Call 224-7250 or 221-4016.

May 6

Military Spouse Appreciation

The event is noon-6 p.m. at the Sam Houston Club. Call 221-0946/2585.

SAM-Sational Entertainment

EDGE! youth will showcase their talents beginning at 7 p.m. at the Roadrunner Community Center, Building 2797. Call 221-2336/4097.

May 7

Aerobathon Cancelled

The Aerobathon at the Jimmy Brought Fitness Center has been

cancelled. The Fitness Center staff apologizes for any inconvenience this may have caused. Call 211-1234/2020.

Flea Market & Yard Sale

All DOD ID cardholders living on or off post are invited to sell their personally owned items at from 7 a.m. to 1 p.m. at the Command Pavilion on Stanley Road. Patrons must register with Outdoor Equipment Center by May 5. People living on post may hold yard sales at their homes. To register, call 221-5224/5225.

Salute to Mothers

There will be story time for

toddlers and school age children, followed by fun floral theme crafts to take home as a gift for Mom 2-3 p.m. at the Keith A. Campbell Library.

May 9

Registration Begins for Youth Swimming Classes

The Aquatic Center will officially open May 28, but parents can register children 6 months to 16 years old for swimming lessons starting May 9. All lessons are taught in accordance with American Red Cross standards. Call the Jimmy Brought Fitness Center at 221-1234 or the Aquatic Center at 221-4887.

Outdoor Movie Nights

April 29, "TRON: Legacy" at the flagpole

April 30, "Tangled" at Dodd Field

May 13, "You Again" at the flagpole

May 14, "Secretariat" at Dodd Field

May 20, "Despicable Me" at the flagpole

May 21, "Karate Kid" at Dodd Field

All movies begin at dusk around 8 p.m. The movie time will get later as daylight remains longer. Bring chairs or blankets and enjoy free popcorn, snow cones and cotton candy. Call 221-2418/2704.



Announcements

Holiday Children's Story Contest

The U.S. Air Force Band of the West is hosting a Holiday Children's Story Contest. The story must be 800-1000 words and include one of the following themes: "A Hero's Holiday Wish," "A Patriotic Holiday" or "Holiday Traditions." The contest winner will have an original composition commissioned to be performed at Holiday in Blue 2011 performances. All submissions are due by June 17. This contest is open to all San Antonio residents. Send submissions to band.media@us.af.mil or 1680 Barnes Ave. Lackland AFB, TX 78236.

Diabetes Study

Do you have Type 2 diabetes? Are you overweight? You may be a candidate for a research study entitled, "Sleeve gastrectomy versus medical management for remission of diabetes in mild to moderately obese patients." Candidates must be military medical beneficiaries (retired and family members of active duty and retired), 18-65 years old, diagnosed with Type 2 diabetes and on medication. Active duty personnel are unable to participate. Call 292-2210 for information.

Cloverleaf Communicators Club

The Cloverleaf Communicators Club is open to military, family members and civilians who are interested in developing or enhancing their leadership and communications skills. Meetings are held the first and third Thursday of every month 11:45 a.m.-1 p.m. at San Antonio Credit Union, Stanley Road, in the conference room. Call 916-3406 or 221-8785 for information or visit <http://powertalkinternational.com/>.

Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets

the third Thursday of each month at 5 p.m. at the Harris Heights Community Center on Patch Road. All active duty Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 221-3887 for information.

Sergeant Audie Murphy Club

The SMA Leon L. Van Autreve Chapter of the Sergeant Audie Murphy Club meets the third Thursday of each month at noon in the Men's Card Room at the Fort Sam Houston Golf Club. All Sergeant Audie Murphy or Sergeant Morales members are invited and encouraged to attend. Call 808-5194.

Lost Property

If you have lost any property on Fort Sam Houston, call 221-2340. To claim items, you must have a form of photo identification and be able to identify the property.

Calendar of Events

April 30

South Texas Medical Foundation Trails Walk

The Selma Pathfinders volksmarch club will host a 5k, 10k and 13k walk starting at the Martha's Mexican Restaurant, 5822 Babcock Road. Walks start between 8-11 a.m., finish by 2 p.m. Call 496-1402 or email mlctxmil@flash.net.

May 7

Hillsboro Triathlon

The triathlon consists of a 500 meter swim, 16 mile bike ride and 3.2 mile run beginning at 7:30 a.m. Registration pick-up and free spaghetti dinner for the athletes will be held May 6. Visit <http://www.hillsborotriathlon.com> or call 254-266-4355.

Lake Bastrop Walk

The Colorado River Walkers volksmarch club will host a 5k, 10k and 16k walk starting at the Fisherman's Pavilion at LCRA North Shore Park, park entrance fee required. Walks start between 8 a.m. and noon, finish by 3 p.m. Call 512-480-0291 or visit <http://www.coloradoriverwalkers.org>.

May 11

Joint Base San Antonio Motorcycle Rally

The JBSA Motorcycle Safety

Rally is 10 a.m.-2 p.m. in the Fort Sam Houston Commissary parking lot. Event includes a slow race competition, best-bike contest, inspection station and booths with product demos. Door prizes will be presented throughout the event; must be present to win. Call 221-3846 or 221-5239 for information.

May 13

187th Medical Battalion Golf Tournament

Tee off is noon at the Fort Sam Houston Golf Course. Cost is \$45/person includes greens fee, cart, awards banquet, dinner and a chance at various door prizes. Register online at <http://www.golfdigestplanner.com/18473-T2S> by May 9 to receive a free subscription to Golf Digest. Call 221-8427 for information.

May 14

Ride 4 Troops

Check-in between 8-9:30 a.m. at the Gruene Harley Davidson in New Braunfels and ride to Lukenbach, Texas. Pre-registration fee is \$25. Email info@SAride4troops.org for information.

Warrior Wromp Adventure Race

Races will be held May 14 and 15 at the Texas Ski Ranch in New Braunfels. To register or for information visit <http://www.warriorwromp.com>.

May 20

Army Lance Missile Units Reunion

A reunion for all the Soldiers who served in Lance Missile units in Europe and the United States, will be held May 20-21 at the Holiday

REMINDER CALENDAR

April 29	"Tron: Legacy," 8:30 p.m. at the post flagpole
April 30	"Tangled," 8:30 p.m. at the Youth Services Community Park
May 2	Holocaust Day of Remembrance, noon-1 p.m., Roadrunner Community Center
May 4	Volunteer Recognition Ceremony, 10 a.m., Sam Houston Club
May 6	Military Spouse Appreciation Day, noon-6 p.m., Sam Houston Club
May 6	SAM-Sational Entertainment Show, 7 p.m., Roadrunner Community Center
May 7	Post-wide Flea Market and Yard Sales, 7 a.m.-1 p.m., Command Pavilion and housing areas

Inn Northwest/Seaworld 10135 State Highway 151. Meet and greet May 20, 7-11 p.m. poolside and Social, May 21, 7 p.m.-midnight. For hotel

reservations, call 888-465-4329 and mention code "ALM" for discounted rate. Call 670-2008 for more information.



Religious Briefs

Middle School Ministry Contract Available

A short-term contract is available for our Middle School Ministry. For a Statement of Work, call 221-5535.



Main Post Chapel, Building 2200, 221-2754
Catholic Services:
4:45 p.m. - Reconciliation - Saturdays
5:30 p.m. - Mass - Saturdays
9:30 a.m. - Mass - Sundays
11:30 a.m. - Mass - weekdays
Protestant Services - Sundays:
8:00 a.m. - Collective Protestant
11:00 a.m. - Collective Protestant
Jewish Services: 379-8666 or 493-6660
8:00 p.m. - Fridays - Worship and
8:30 p.m. - Oneg Shabbat

Dodd Field Chapel, Building 1721, 221-5010 or 221-5432
Catholic Services:
9:15 to 11:15 a.m. - Catholic Women of the Chapel Enrichment or Bible Study - Mondays
12:30 p.m. - Mass - Sundays
Protestant Services:
10:30 a.m. - Gospel Protestant - Sundays
9:30 to 11:30 a.m. - Protestant Women of the Chapel meeting - Wednesdays, child care is provided
6:30 to 7:30 p.m. - Protestant Women of the Chapel meeting - Thursdays, child care is provided
Samoan Protestant Service:
8:00 a.m. - Sundays

Brooke Army Medical Center Chapel, Building 3600, 916-1105
Catholic Services:
8:30 a.m. - Mass - Sundays
11:30 a.m. - Mass - Sundays
Protestant Services:
10:00 a.m. - Worship Service - Sundays
Episcopal/Lutheran Rite services:
12:30 p.m. - Traditional worship - Thursdays

Center for the Intrepid, first floor, 916-1105
Christ for the Intrepid services:
5:30 p.m. - Coffee and fellowship - Sundays
6:00 p.m. - Contemporary worship - Sundays

AMEDD Regimental Chapel, Building 1398, 221-4362
32nd Medical Brigade Student services
Catholic Mass: 8:00 a.m. - Sundays
Contemporary Protestant Service: 9:30 a.m. and 11:01 a.m. - Sundays
Muslim Jumma: 1:30 p.m. - Fridays

Installation Chaplain Office, Building 2530, 221-5007
Church of Jesus Christ of Latter Day Saints:
8:30 a.m. - Sundays

Web site: <http://www.samhouston.army.mil/chaplain>



For Sale: 19-foot Bayline Classic with Mercury 3.0 liter inboard motor, new carpet, seats six comfortably, has forward cabin, comes with GPS, depth finder, fish finder and new Bimini top, good condition. If questions or would like to view, call 365-0416.

For Sale: Jazzy electric wheelchair, new with instructions, \$1,050. Call 661-3765.

For Sale: Pro-Form Cross Walk GP, \$100; 10 foot by 10 foot wrought iron gazebo with nylon top and corner shelves, new in box, \$80;

Flotec 115 Volt water pump with attachments, \$25; 1800 GoldWing accessories: Kuryakyn trailer hitch, new, \$250; lighted trunk lid handle, new, \$75. Call 662-8161.

For Sale: Kenmore sewing machine with cabinet, \$35; sleeper sofa and love seat, light brown, \$90; glass corner Cairo cabinet, \$50; brown four-drawer filing cabinet, \$25; wood bookshelf, 4 feet by 3 feet, \$25. Call 241-1291.

For Sale: Therapeutic king-size water bed complete with heater, wood-frame with six-drawer pedestal, headboard, recently reupholstered bed rails and lumbar support mattress with safety liner, mattress and safety liner purchased new in February, \$259. Call 659-6741.

Yard Sale: Multi-family yard sale, May 7, 7:30 a.m.-2 p.m. at 513 Dickman Road, Fort Sam Houston.

Rocco Dining Facility Menu

Building 2745, Schofield Road

Dining Room Breakfast Hours:
Monday-Friday 6:15-8:15 a.m., week-ends and holidays 8-9:30 a.m.
Friday – April 29
Lunch –11 a.m. to 1 p.m.
Minestrone soup, cream of chicken soup, baked ham, roast beef, spaghetti with meat sauce, spaghetti with tomato sauce, scalloped potatoes, rice pilaf, broccoli
Dinner – 5 to 7 p.m.
Savory baked chicken, Swiss steak, tuna and noodles, eggplant parmesan, Kansas medley rice, mashed potatoes, okra and tomato gumbo
Saturday – April 30
Lunch – noon to 1:30 p.m.
Beef rice soup, New England fish chowder, baked turkey patties, lemon pepper fish, barbecued beef cubes, cheese tortellini marinara, lyonnaise potatoes, orzo with lemon and herbs, green beans, honey dijon vegetables

Dinner – 5 to 6:30 p.m.
Buffalo chicken, gyros sandwiches, pepper steak, sweet potatoes, black beans, corn, oven browned potatoes, caviar medley rice, glazed carrots
Sunday – May 1
Lunch – noon to 1:30 p.m.
Corn chowder soup, chicken noodle soup, chicken parmesan, beef teriyaki, grilled pork chops, broccoli-rice and cheese, steamed rice, O'Brien potatoes, vegetable stir fry
Dinner – 5 to 6:30 p.m.
Grilled steak, chicken cordon bleu, hamburgers, cheeseburgers, grilled chicken sandwiches, vegetarian burgers, grilled cheese sandwiches, baked potatoes, french fries
Monday – May 2
Lunch – 11 a.m. to 1 p.m.
Creole soup, cream of broccoli soup, cranberry glazed chicken, Italian rice and beef, grilled chicken breasts,

Italian broccoli pasta, lyonnaise potatoes, steamed rice, collard greens
Dinner – 5 to 6:30 p.m.
Roast turkey, meatball stroganoff, baked stuffed pollock, cheese manicotti, cornbread dressing, mashed potatoes, herbed broccoli
Tuesday – May 3
Lunch – 11 a.m. to 1 p.m.
Cream of mushroom soup, bean soup, roast pork tenderloin, chili macaroni, shrimp jambalaya, cheese ravioli, Italian roasted potato wedges, wild rice, green peas, California blend, soft shell turkey tacos
Dinner – 5 to 7 p.m.
Pepper steak, honey ginger chicken breast, creole pork chops, whole wheat cheese pizza, mashed potatoes, steamed rice, Brussels sprouts
Wednesday – May 4
Lunch – 11 a.m. to 1 p.m.
Egg drop soup, cream of chicken

soup, beef stir fry, oven baked fried chicken, lemon baked fish, pasta primavera, mashed potatoes, steamed rice, broccoli combo, fried cabbage
Dinner – 5 to 7 p.m.
Cantonese spareribs, baked catfish fillets, chicken tetrazzini, Japanese vegetable stir fry, mashed sweet potatoes, mixed vegetables, tangy spinach, green beans
Thursday- May 5
Lunch – 11 a.m. to 1 p.m.
Cream of tomato soup, pepper pot soup, baked turkey and noodles, Salisbury steaks, chicken fajitas, vegetable curry with rice, redskin potatoes, steamed rice, Mexican rice,
Dinner – 5 to 7 p.m.
Fish amandine, beef lasagna, rock cornish hens, orzo with spinach, tomatoes and onions, potato frittata, mashed potatoes, stewed tomatoes.

Menus are subject to change without notice